



Good Habits

Rufus Jones was a prolific writer. In his lifetime, he produced over 50 published books. He accomplished this task while attending endless meetings, making frequent speeches, and editing a magazine. Someone asked him how he accomplished so much writing when he had so many other responsibilities demanding his attention. His answer? "I wrote my books on Tuesdays." Throughout his career, he set aside Tuesdays, accepting no non-emergency interruptions, and he left behind an impressive body of printed work. It's truly amazing how much can be done in a short period of time if it is done consistently.

Jesus was a man of certain habits. He went to worship, He prayed, He served others, and He did it with such regularity that the Gospel writers use this phrase—"as His custom was."

Why not develop a few good habits. The compounding interest will amaze you.

Remember, *Life Matters*, and so do you.

Luke 4:14-21

Jesus returned to Galilee in the power of the Spirit, and news about him spread through the whole countryside.

He taught in their synagogues, and everyone praised him.

He went to Nazareth, where he had been brought up, and on the Sabbath day he went into the synagogue, as was his custom. And he stood up to read.

The scroll of the prophet Isaiah was handed to him. Unrolling it, he found the place where it is written:

"The Spirit of the Lord is on me, because he has anointed me to preach good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to release the oppressed, to proclaim the year of the Lord's favor."

Then he rolled up the scroll, gave it back to the attendant and sat down. The eyes of everyone in the synagogue were fastened on him, and he began by saying to them, "Today this scripture is fulfilled in your hearing."